



Life Leisure Young Athletes Quadrathlon by Stockport Harriers  
Saturday July 22nd 2017

Woodbank Park, Stockport

	U9G	U9B	U11G	U11B	U13G	U13B	U15G	U15B
NO. of Athletes								
EVENT START 11am - PRESENTATION OF THE TRI ATHLETICS SERIES AWARDS								
11.30am	VORTEX (Left Side)				Long Jump Pool 1	Long Jump 1	100m	100m
12:00pm			VORTEX	VORTEX				
12:05pm	75m	75m						
12:30pm					Long Jump Pool 2	Long Jump 2	Shot	Shot
12.45pm			75m	75m				
1:00pm					100m	100m		
1:20pm							Long Jump	Long Jump
1.45 approx - SHORT TRACK BREAK								
2:15pm	600m	600m	Long Jump Pool 1	Long Jump Pool 1	Shot Pool 1	Shot Pool 1		
3:00pm			Long Jump Pool 2	Long Jump Pool 2	Shot Pool 2	Shot Pool 2	800m	800m
3:45pm	Long Jump (Left Side)				800m	800m		
4:00pm			600m	600m				

Presentations will start approximately 4:30pm

Unless Otherwise stated GIRLS will compete on the RIGHT hand side in the Field Events and BOYS on the LEFT (using the map in programme)

Field Event Pools MAY be seeded - if they are this will be based on Long Jump and will remain the same for both field events

Athletes & supervising coaches / parents must ensure athletes are ready ahead of the start times as warm up and call times will be well before events actually commence