

STOCKPORT JUNIOR COMBINED EVENTS

Incorporating Under 17 & Under 20 Open Meeting



SATURDAY SEPTEMBER 9th 2017 @ 11am

Woodbank Stadium, Turncroft Lane, Stockport, SK1 4JR (Enjoy the walk through the park to the stadium)

Start: 11am prompt – Registration open only between 9.30 & 10.50am

Gates will open at 9.30am!

ENTRIES ON THE DAY WILL CLOSE AT 10.30am All other athletes who pre-enter can register up to 10.50am

ENTRY on the day cannot be guaranteed as spaces may be full. **ONLINE ENTRIES CLOSE AT 10pm ON 7th SEPTEMBER**

There will be a limit of 20 Athletes per gender per age group in the combined events competitions

Combined Events Age Groups – Under 9's, Under 11's, Under 13's & Under 15's

Open Age Groups – Under 15's, Under 17's & Under 20's

Athletes who finish in the top three in Combined Events will be awarded with medals

Athletes who finish in the top three in each event in the Open Competitions (U17 / U20) will be presented with medals

Athletes must declare in advance whether they are competing in the Combined Events or individual open events.

Combined Events Field events will have 3 attempt & open events will have 4 attempts.

AGE GROUPS & EVENTS

Under 9's Tri Athletics Challenge – Either: 75m or 600m, Vortex or Chest Push & Long Jump (Must compete in all events to be eligible for scores to count)

Under 11's Quadrathlon – 75m, 600m, Long Jump, Vortex

Under 13's Quadrathlon – 100m, 800m, Long Jump, Shot

Under 13's, Under 15's, Under 17's & Under 20 Pentathlon – Sprint Hurdles, Long Jump, High Jump, Shot, 800m

Under 15's, 17's & 20 Open Events – Shot, Long Jump, Javelin, 100m, 200m, 800m, 1500m

ADDITIONAL INFORMATION

Under 13 Athletes are able to enter the Quadrathlon or Pentathlon but must declare in advance which competition they're taking part in.

Under 15's, 17's & 20 athletes are able to enter either individual events (upto a maximum of 3 for Under 15's & 17's or 4 for Under 20's) or they can take part in the Pentathlon but it must be declared upon entry at the start of the day.

Advance entries are preferred via <http://shacquadrathlon.fikket.com> – payment to be collected on the day.

Fixed Entry FEE £10 per athlete if entered in advance £15 if entered on the day. ALL payments however will be taken on the day – no payments will be asked for at the time of booking

Spectators FREE

Volunteers are required and will receive free Hot Drinks courtesy of Stockport Harriers.

Competition numbers will be allocated and MUST be worn front and back except for the High Jump (Front only)

Contact: info@shacquadrathlon.co.uk for information or queries.

Results will be hosted by SK Athletics & will be available at www.shacquadrathlon.co.uk

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Track			Field		
11am	100m Hurdles 80m Hurdles 75m Hurdles 70m Hurdles	P P P p	11am	Long Jump Long Jump Javelin	T U11 Q U9 O Open - U15 - U20
11.20am	100m 100m	Q U13 O U15 - U20			
12pm	75m 75m	T U9 Q U11	11.45am	Long Jump High Jump Shot	Q/P Under 13's P Under 15's P Under 17's & 20's
12:45pm	OPEN - 1500m	O			
TRACK BREAK			12:30pm	Chest Push	Q/T U9 / U11
			12:30pm	Vortex	Q/T U9 / U11
1:45pm	600m 600m	T U9 Q U11	1.15pm	Long Jump High Jump Shot	P Under 17's & 20's P Under 13's P Under 15's
2:00pm	Open - 200m	O	2.15pm	Long Jump High Jump Shot	P Under 15's P Under 17's & 20's Q/P Under 13's
3:00pm	800m - Open	O U15 - U20			
3.30pm	800m 800m 800m	P U13 P U15 P U17 / U20	3.30pm	Shot - Open	O U15 - U20

O **Open**
P **Pent**
Q **Quad**
T **Tri**

OPEN EVENTS WILL NOT BE MIXED WITH COMBINED EVENTS IN FIELD EVENTS

Invitational Hammer competition to take place at 10am with a total of 12 spaces available for upto 4 under 15's, under 17's & under 20's. Please contact Joanne Harding for consideration. 07557 398 220