

INDOOR QUADRATHLON 2017

TIMETABLE OF EVENTS



Under 9 Girls		
Chest Push	11:30	9
60m	12:10	
Long Jump	13:30	
400m	14:00	

U11G		
Chest Push	11:30	11
60m	12:30	
Long Jump	14:30	
600m	15:00	

U9B		
Chest Push	11:30	4
60m	12:20	
Long Jump	13:30	
400m	14:00	

U11 B		
Chest Push	11:30	8
60m	12:40	
Long Jump	14:30	
600m	15:10	

U13G		
Long Jump	11:30	20
60m	12:50	
Shot	14:30	
600m	15:20	

U15G		
Long Jump	11:30	17
60m	13:00	
Shot	13:30	
800m	15:40	

U13B		
60m	12:00	15
Long Jump	12:30	
Shot	14:30	
600m	15:30	

U15B		
60m	11:50	5
Long Jump	12:30	
Shot	13:30	
800m	15:50	

Under 17 Track Events		
60m	11:30	
200m	13:30	
600m	14:10	

Please note - times are subject to change and may be brought forward at the discretion of the meeting manager. Please listen carefully to announcements.

Full Results will be available this evening at shacquadrathlon.co.uk

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